



## 4-H NEWSLETTER

### Thank you

4-Hers, we wanted to say THANK YOU! Thank you for participating in the county fair and helping keep this awesome event alive. Thank you for working hard on your projects, being good sports, and encouraging your friends and fellow 4-Hers.

We are so proud of you!

Parents, you deserve a huge thank you too. It is no secret that 4-H, the fair, and the incredible learning opportunities that result from this program could not be possible without you. Thank you for all of the sacrifices you make for your kids and the other kids in Meade County. We know that it is no small feat to balance everything in life, but we hope you know what you are doing is so worth it. Your kids and the others around them are benefitting greatly because of your willingness to support them in 4-H and all aspects of life.

Volunteers (official or unofficial), you are what makes this program happen. The county fair and the 4-H program in general are a lot of work. We could not do it without you, and we cannot express enough how grateful we are.

We are looking forward to another great 4-H year beginning in October. Enjoy the rest of your summer!

### What's In This Month's Issue?

- Thank you notes
- 4-H Ambassadors
- State Fair Info
- Thank you, Jateice!
- Upcoming
- Record Books
- Calendars

### Contact Us

**Meade County Extension Office:**

Address: 407 E Rainbelt  
PO Box 369  
Meade, KS 67864  
Phone: (620) 873-8790

**Hannah:** hannaheakes@ksu.edu  
(620) 629-5972

**Wadona:** wlhenson@ksu.edu  
(620) 518-6653

**Leslie:** lesliedenise@ksu.edu

**Website**

[www.meade.ksu.edu](http://www.meade.ksu.edu)



**Social Media**

Facebook:/MeadeCoExtension



# THANK YOU NOTES

## Writing thank you notes

Thank you notes are so important. While writing thank you notes is not most people's favorite thing to do, it is something you should do after many major events throughout your life, such as when you receive gifts for graduation or your wedding.

We ask that each 4-Her take the time to hand write thank you notes to everyone who helped you this year at the fair and in your 4-H projects. Please write a thank you note to: your club leaders, the fair secretaries (Kaitlynn Murley and Julie Jones), people who gave you add on money, award sponsors, and anyone else who contributed to fair this year. If you need addresses, let us know! Please try to do these before school starts...trust us! You will be so glad to have as many as possible done before things get crazy again.

Here are 10 reasons why you should hand write thank you notes from UNH Extension:

1. It is always the right thing to do.
2. It can make the difference in getting the scholarship or getting the job or the client or future donations.
3. It sets you apart.
4. Gratitude is good for the brain. Some studies have shown it also reduces aches and pains and has other health benefits. (Pers Individ Dif. 2013 Jan;54(1):92-96).
5. It will make someone's day! Having a handwritten letter amongst a pile of bills and junk mail is heartwarming.
6. It is an opportunity to reflect on our gratitude and appreciate the time and energy someone put in to do something nice on our behalf.
7. It serves as a keepsake - - no one typically saves an email or a text but a letter, definitely!
8. It perpetuates an important part of our culture and contributes to a lost art.
9. It shows you to be a thoughtful and appreciative person.
10. It lets the giver know that you did indeed receive their gift.

# 4-H AMBASSADORS

## What is a 4-H Ambassador?

4-H Ambassadors are a team of 14-18 year old 4-Hers who work to promote 4-H in the county. The 4-H Ambassador team is lead by the advisor, Dixie Harlow, and the Extension Agents. To be a 4-H Ambassador, you must be enthusiastic about 4-H, have a passion for spreading the program in our county, and willing to participate and be part of a team.

**Commitment:** Average of 4-8 hours per month, including monthly meetings to plan activities.

**How to become an ambassador:** Apply below by September 2nd. Ambassadors will be selected shortly after the deadline.

## Application

DUE SEPTEMBER 2ND AT 5PM

Apply here: <https://forms.gle/HFcwF8NtGPAKYDoR9>

Please start early, take your time, and put some thought into your answers. We are looking for youth who are really going to make a difference in our 4-H program!





# FAIR WRAP UP & STATE FAIR INFO

## Fair T-Shirts

If you did not get a fair t-shirt, we still have a few left! We currently have at least one shirt in sizes Youth large through adult XL, as well as one 3XL.

## Fair Results

A complete list of 4-H fair results can be found here:  
<https://www.meade.k-state.edu/4-h/fair/fair.html>

## State Fair Entries

Wadona sent out an email to those who received purple ribbons and are eligible for the Kansas State Fair. Make sure to check your email and let her know by August 9th if you would like to take your exhibits. She will coordinate the drop off time for food items with families. Other static exhibits can be dropped off at the Extension Office by September 2nd.

## Grand Drive & KJLS Dates

- August 15th - KJLS Entry Deadline
- August 25th - KJLS LATE Entry Deadline
- September 6-8 - KSF Grand Drive
- September 27-29 - KJLS

# END OF SUMMER

Thank you, Jateice!



We had an incredible summer full of activities! Jateice completed over 10 programs as our summer intern. She taught Reading Makes Cents, a 4 part series financial literacy program, at Meade summer school and Fowler Library. She hosted 5 programs at the Extension office: two photography programs, Chopped Cooking Challenge, needleworking, and a creative arts program. Jateice put on a Sink or Float lesson at Plains, Meade, and Fowler libraries, and even hosted one in Montezuma. Finally, she helped with our summer day camps including fishing day camp, entomology day camp, and our full day camp at the Meade park.

She has made lots of contacts and brought many new faces into the Extension office. If you see Jateice, make sure to tell her thank you for the time and energy she has put into our 4-H Youth Development program this summer!



# UPCOMING



## SAVE THE DATES

- National 4-H Week is October 6-12th.
- 48 Hours of 4-H will take place the weekend of October 12-13th. Details are still TBD.
- 4-H Sunday, where we attend church together as a group, will be October 13th.
- Next 4-H Council Meeting on October 13th.

## Kansas Youth Leadership Forum

**What:** Build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2025 State 4-H Youth Leadership Council will be elected and up to six National 4-H Conference delegates will be selected through an interview process at KYLF.

**When:** November 23-24, 2024

**Where:** Rock Springs 4-H Center

**Who:** Youth 14-18 years of age before January 1, 2025

2024 Fees will be set in late summer/early fall

2023 Fees: \$210 and additional optional \$50 for Friday overnight and breakfast.

**Registration Deadline:** Registration has not opened yet, but will close on Monday October 15, 2024 by 11:59 p.m.



# RECORD BOOKS & PIN APPLICATIONS

**Due Date: September 20th at 4:00 PM**

Kansas 4-H recognizes 4-H members' achievements each year through Membership Achievement Pins and Project Records.

**Kansas 4-H Member Achievement pins** are designed to recognize 4-H members as they reach milestones throughout their 4-H journey. The pins are awarded in a series. As a member's 4-H journey progresses, the achievement pin requirements expand to challenge individuals to explore and engage in more opportunities to develop life skills.

**Kansas 4-H Project Recognition** awards youth for completing a record book in a project area. Project records are a summarization of a given year's 4-H work within a certain project. 4-H members assemble their project report into a specified document and submit those for evaluation. The top half of record books in each project are awarded with a project pin. Meade County also currently offers a non-competitive record book option. The purpose of non-competitive books is to encourage all Meade County 4-Hers to participate in some form of record keeping. However, the competitive record book option is what we strongly recommend.

Membership Achievement Pin Applications and Record Books are due September 20th at 4:00pm. Both must be signed by the parent, 4-H member, and your Club Leader prior to turning them in to the office. Information for both Member Achievement Pin Applications and Project Records can be found at: <https://www.kansas4-h.org/resources/awards-and-recognition/index.html>.

## Record book options:

- **Non-competitive**
  - Not judged, no project pins received
  - Receive \$25 credit from 4-H Council towards local or state 4-H events
  - **For a non-competitive record book you need:**
    - Personal Information Page
    - 4-H Story (general, 2 page maximum)
    - Permanent Record
- **Competitive**
  - Taken to another county to be judged
  - Receive \$25 for one or \$50 credit for 2 or more from 4-H Council to use towards local or state 4-H events
  - Top half scores in each project will receive awards (project pins)
  - **For a competitive record book you need:**
    - Record Book Check Sheet
    - Personal Information Page
    - Project Record Report Form (One for each project you are completing a record book for; either general or animal for livestock projects for the correct age division)
    - Permanent Record (Keep year to year and continue adding to it.)

## Membership Achievement Pins:

Pins are awarded in the following order:

Membership  
Bronze  
Clover  
Emerald  
Silver

Silver Guard  
Leadership  
Gold  
Gold Guard

Achievement Plans and pin applications can be found here:

<https://www.kansas4-h.org/resources/awards-and-recognition/index.html>

# AUGUST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Horse Show 6:30pm
4	5	6	7	8 Back to School Bash at Meade Park!	9 Deadline for State Fair entries to Wadona	10
11	12 Reg due to office for Gray Co Shotgun Shoot	13	14	15	16	17 Shooting Sports Qualifiers Livestock Sweepstakes
18 Livestock Sweepstakes	19	20	21	22	23	24
25 Town & Country Club Meeting	26	27	28	29	30	31

## MONTHLY CLUB MEETINGS

Club	Date	Time	Location
4-Leaf Clover	TBD	---	TBD
Town and Country	25th	TBD	TBD
3 C's	No Aug Meeting	---	---
Plains Livewires	TBD	TBD	TBD





# YEAR IN A GLANCE:

## IMPORTANT DATES FOR 2024!

### August

- 1:** Entry Deadline for Livestock Sweepstakes
- 8:** Back to School Bash at Meade City Park
- 9:** State Fair Entries Due to Wadona
- 10:** State 4-H Horticulture Judging Contest
- 12:** 4-H Wheat Expo in Manhattan
- 17:** Gray County Archery Qualifier, Ford County Trap Qualifier
- 17-18:** Livestock Sweepstakes, Manhattan

### September

- 6-15:** Kansas State Fair, Hutchinson
- 20:** Record Books and Membership Pin Applications Due
- 21:** State Archery Match, Wakarusa

### October

- 1:** New 4-H Year Begins, 4-H Online Enrollment Opens
- 6-12:** National 4-H Week!!
- 12-13:** 48 Hours of 4-H
- 12-13:** State Shotgun Matches, Sedgwick/Augusta
- 13:** 4-H Sunday and 4-H Council Meeting

### November

- 23-24:** Kansas Youth Leadership Forum, Rock Springs 4-H Center

